

BMAF 10 km Open Road Championships

British Masters Athletic Federation



Sunday 09 April 2017

Starting at 10:45 am

CYCLOPARK

Gravesend Kent

DA11 7NP

Incorporating championships of:

Veterans AC

Southern Counties Veterans AC

Eastern Masters AC

(Under UKA rules: permit 2017-28286)

Four lap course on traffic-free undulating tarmac cycle track

Time limit of 75 minutes for all competitors (limited to 300)

Parking on site for all cars (£1 charge) – take northbound exit from A2 and follow signs for Cyclopark

Open to everyone aged 15 or over

(Categories: U20, Seniors, Masters in 5-year age bands from 35)

All race entries taken online via the OpenTrack system

Masters Entries (aged 35 or over on the day):

Access from the BMAF website at www.bmaf.org.uk, click “MEMBER LOGIN”

All members access with your email address, first time users request new password

New member registration welcomed, all completed online

Open competitors please register online in OpenTrack and allow additional time for age verification

(submit scan/photo of passport/birth certificate before you enter to memsec@bmaf.org.uk)

Entries under aged 35:

Access from <http://entries.opentrack.run/2017/bmaf10k/> or Run Britain

Enquiries to Peter Kennedy (BMAF Support) at memsec@bmaf.org.uk

Entry Fees

All ages

£12.50

All championship competitors **MUST** have a valid UKA Competition Licence through England/Scottish/Welsh Athletics or Athletics NI before entering.

Closing Date for all entries: Sunday 2nd April 2017

Entries will not be accepted after this date. **No entries on the day.**

Race Results will be provided by Nice Work, with chip timing.

BMAF Individual Medals to the first three BMAF members in each 5-year age group

VAC/SCVAC/EMAC Individual Medals to first three club members in each 5-year age category

Open Race Prizes: Plaques to the first three Junior (U20)/Senior male and female finishers, Medals to masters who are not BMAF members, finishing in the first three in their age category

BMAF Team Awards for the first three teams (three to count, based on cumulative times) in the following age groups:

W35-44; W45-54; W55-64; W65+

M35-44; M45-54; M55-64; M65-74; M75+

Teams must consist only of BMAF members from the same first claim club. Team declaration automatic for natural teams [3 or more athletes in their 10-year age group]. Full team lists to be published on the BMAF website on 3rd April. Composite teams [1 or 2 athletes from older 10 year age groups brought down to only 2 or 1 athletes in a younger age group] must be declared on supplied forms by 10.15 am on the day.